



HAMAARI SADA TRUST

ANNUAL REPORT

2021-2022

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Table of Contents

1	Vision and Mission
2	Project Shikha
3	Project 'FIT'
4	Project 'Relief'
5	Other Activities

Hamaari Sada Trust

Hamaari Sada Trust' was founded by Mohd. Irshad Alam on 21st Day June 2016 exempt under sections 11 to 13 of the Income Tax Act, 1961.

Hamaari Sada Trust was set up by a group of young and enthusiastic professionals mainly from media & industry who follow the philosophy to engage and empower the marginalized section of society.

The Trust was founded to bring changes in the lives of vulnerable masses. Initially, Trust aimed to work with those school dropouts who were unable to continue their education due to financial problems in the family.



The organization was constituted with a vision to bring up a society that consists of educated and self-dependent people thereby giving equal rights and privileges to as many as possible.

The establishment, at that time, being a 'new kid on the block', had limited resources. It was towards the realization of the goal of the organisation that we saw needs of families in the societies so decided joined hands with another hands to welfare for society.

Hamaari Sada Trust planned from the beginning day to start with an education & awareness program for children and society so HST initiated two projects of its own with the help of a few friends from media and some selfless volunteers. We began with Project 'Shiksha' and 'Fit' in Madanpur Khadar New Delhi and slowly extended the reach to a few more villages in Uttar Pradesh.

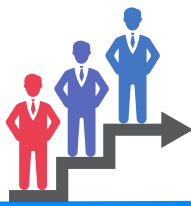
VISION

Vision of the Trust is to restore the lives of children, women and other vulnerable sections through necessary interventions. Trust visualizes a society in which Education and Health facilities are accessible to every individual.

MISSION

Establish, maintain and carry out humanitarian activities for improving the quality of life of the neglected people.

The focus areas of the work being done at Hamaari Sada Trust are very clear. HST is an endeavor:



To create self-sustaining employment opportunities for the women and youth.



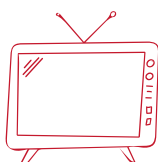
To promote and encourage the education, welfare, empowerment and the uplift of women and children.



To create a sense of brotherhood, cooperation, mutual harmony amongst the general public.



To undertake the research and analysis project related to women and youth issues.



To work in the field of media making films, documentaries, programs, etc.

Ongoing Projects:

1. Project 'Shikha'

"Shiksha" is the Trust's inaugural project which aims to provide education to the school dropouts and children belonging to low socio-economic background through remedial education. Trust also efforts to enroll neglected children in school and try to provide required assistance to save their childhood. Trust follows the holistic approach to educate.

children which include awareness, counselling, providing necessary items like stationary and financial support to those who cannot afford school expenses.



The project was expanded to the rural area of Varanasi, Village Fattupur, Post Office Kathiraon, Uttar Pradesh.



Activities carried out:



Non-Formal Education

Children in the age group of 4-10 years were encouraged to attend our NFE classes. Trust's objective was to generate their interest in education, prepare them for mainstreaming in regular schools. In NFE, total of 22 children were enrolled and were provided with books, stationary and other necessary item.



Remedial classes

The Trust enrolled a total of 45 children in the age group of 10-16 years with the aim of filling the gaps in their knowledge and building up their skills in reading, writing and mathematics. After completion of their association with the trust, they were successfully been able enhance their skills and knowledge as per their standard.



Sensitization of Parents

Along with the children, parents were also covered to encourage them to support their children and to let them study. They were sensitized about the importance of education and what role they can play in their children's education.

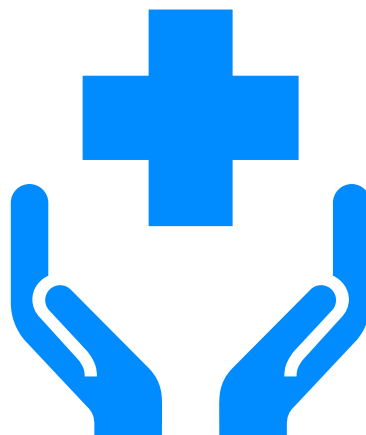
2. Project 'FIT'

Trust believes that healthcare intervention is much required to improve the quality of life of the neglected individuals in the society.



Project fit' is another initiative of the Trust to cover healthcare among children, women and other vulnerable groups.

The situation in Rural and Urban areas is more or less same, Juggling hard between the various household and outdoor responsibilities, women in our houses fail miserably to take care of themselves, and children especially belonging to low socio-economic background are prone to health problems because of less awareness in the family and inaccessibility of the healthcare facilities.



Activities carried out:



Health and Nutrition

In the year 2021-22, the trust conducted 2 sessions on Health and Nutrition with children. The resource persons for the sessions were invited from Hospital to discuss the kind of food we need to eat for a healthy body, they were informed to eat healthy and home-cooked food like green vegetables, fruits, and food that is cooked in the house. It was also taught to refrain from eating roadside food as it makes us prone to several diseases.



Hygiene and Sanitization

3 Sessions with children on Hygiene and sanitization were conducted by the internal staff of HS. The importance of the clean body and places we live in like house, school were discussed and Children were taught to clean their body by taking regular bath, brushing, hand wash and by wearing neat and tidy cloths.

3. #PlantATreeGetOxygenFree

On the Occasion of #Environment Day Hamaari Sada Trust had organized a program to plant trees.



Plant tree approx 150

"Investing in ecosystems is investing in our future"

4. Project 'Relief'

The project aims to provide relief to the affected individuals from any form of disaster, calamity and to people in need of financial help for their emergency situations. The project relief was started in February 2020, when the deadly intercommunity riots took place in North East of Delhi.

The two-and-a-half days of rioting caused at least 53 dead, much more injured, and thousands affected. Homes, shops, shrines, schools were looted and torched with gas cylinders and other inflammable materials causing colossal economic and social damage.



'Relief'

In the current year, 15 widows were helped with 2500 Rupees each for their relief from their emergency situations.



Other Activities

Cultural & Heritage and Important days celebration

Trust strongly believes and celebrates diversity as a way of affirming and respecting different cultures. Thus, the Trust encouraged different day celebrations in all the HST centers. As part of the Indian culture diversity celebration, the trust organized various events on Independence Day, Hindi Diwas, Gandhi Jayanti, National Girl child day.



More than 40 children participated in each event.

Children need an outlet like this for them to gain confidence in themselves which in turn would encourage them to perform better in academics as well. This opens a window for creativity among children and helps them think differently.

On the occasion of Independence Day celebrations, an innovative art contest was organised by Hamaari Sada Trust with theme on Freedom fighters, India's geographical beauty, India's culture, monuments and festivals. The top three winners will get the Trophy and cash prize of R.s 500, R.s 300 and R.s 200 for first, second and third winners respectively.

Tree Plantation

On the occasion of world environment day, Trust had organized a tree plantation day. Our children from centres participated in the event and helped the trust in planting 150 tree plants.

GALLERY



CONTACT

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